

PRAYER

INTRODUCTION

This lesson is designed to introduce our children to praying to God as our source of help and strength. Jesus says to suffer the little children to come unto him and forbid them not; for such is the kingdom of heaven. We will discover the various ways to pray.

MEMORY VERSE: James 5:16 . . . The effectual fervent prayer of a righteous man availeth much.

1. **What is prayer?** *Prayer is communication or talking with God*
2. **How do we approach God in prayer?** *We approach God in prayer with respect and honor by kneeling down to pray.*
3. **How do we pray if we don't know how?** *We say the Disciple's Prayer found in Matt 6:9-13*
4. **Can we say other prayers outside of the Disciple's Prayer?** *Yes*
5. **What are common prayers?**
 - a. **The Disciple's Prayer** – General
 - b. **Prayer over our Meal/Food** – Prayer of protection, health, nourishment and strength
 - c. **Bedtime Prayer** – Prayer of thanksgiving for the day
6. **What do you say if you're in the middle of a nightmare? (bad dream)** JESUS
7. **What does prayer do for us?** It keeps us in contact with our creator.

CONCLUSION

Encourage the children to start praying TODAY; men should always pray and not faint. The effectual fervent prayer of a good man availeth much.