

THE SABBATH

INTRODUCTION

God created the heavens and the earth. From the Hubble telescope to the electron microscope, breath-taking pictures of God's creation are seen. After God created, He rested from His work. God made holy that day of rest, memorializing not only the fact that He created everything, but also that man may find rest in his labors, as the LORD did from His.

Memory Verse: Exodus 20:11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the Sabbath day, and hallowed it.

BIBLE LESSON

The Sabbath is the day dedicated to giving praise and honor to our God. The LORD is the creator of all, and we glorify God for the wonderful works He has made. The Sabbath is a mark of identification, signifying His people. We are to keep the Sabbath holy primarily by ceasing from work, as God did from His. This frees us to worship with acts of praise and kindness. **This lesson reminds us to keep the Sabbath holy.**

The Sabbath is part of the identification of God's people. Exodus 31:12-18, Ezekiel 20:12-20, Luke 4:16

The Sabbath is a day of rest. Hebrews 4:1-10, Deuteronomy 5:12-15, Mark 2:27-28

Good works can be done on the Sabbath. John 5:1-16

Commercial business for God's people ceases on the Sabbath. Jeremiah 17:21-22, Nehemiah 13:15-22

APPLICATION

Can nursing home/hospital visits be done on the Sabbath Day? Discuss.